

Patient/Resident:

Functional Outcome Test Flow Sheet Single Leg Stance and Tandem Stand Tests

Date Test Performed							
Single Leg Stance (Eyes Open)							
Single Leg Stance (Eyes Closed)							
Tandem Stand (Eyes Open)							
Tandem Stand (Eyes Closed)							
Therapist:							

Test Norms:

Single Leg Stance		
Eyes Open	Age	Eyes Closed
30+	20-29	28.8
30	30-39	27.8
29.7	40-49	24.2
29.4	50-59	21
22.5	60-69	10.2
14.2	70-79	4.3
Risk For Falls		
Low Risk		>20 seconds
Moderate Risk		5-20 seconds
High Risk		<5 seconds

Tandem Stand		
Eyes Open	Age	Eyes Closed
57.15	40-59	45.23
56.37	60-64	34.58
55.93	65-69	31.58
48.61	70-74	24.19
39.65	75-79	14.13
35.49	80-86	11.71
Risk For Falls		
Low Risk		>48 seconds
Moderate Risk		20-48 seconds
High Risk		<20 seconds

Comments / Notes: